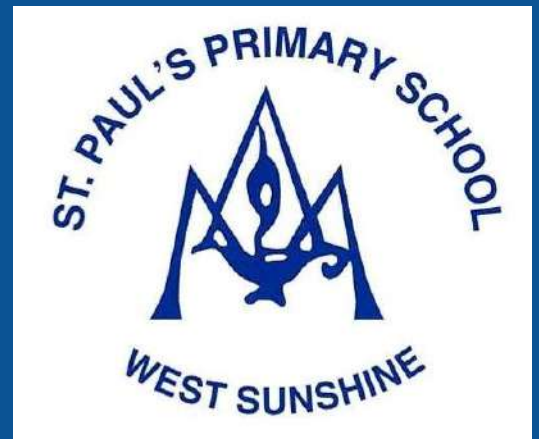


St Paul's Primary School  
**Wellbeing & Community  
Newsletter**  
Issue 8, 2022



**Thursday | November 10, 2022**

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## Day for Daniel 2022

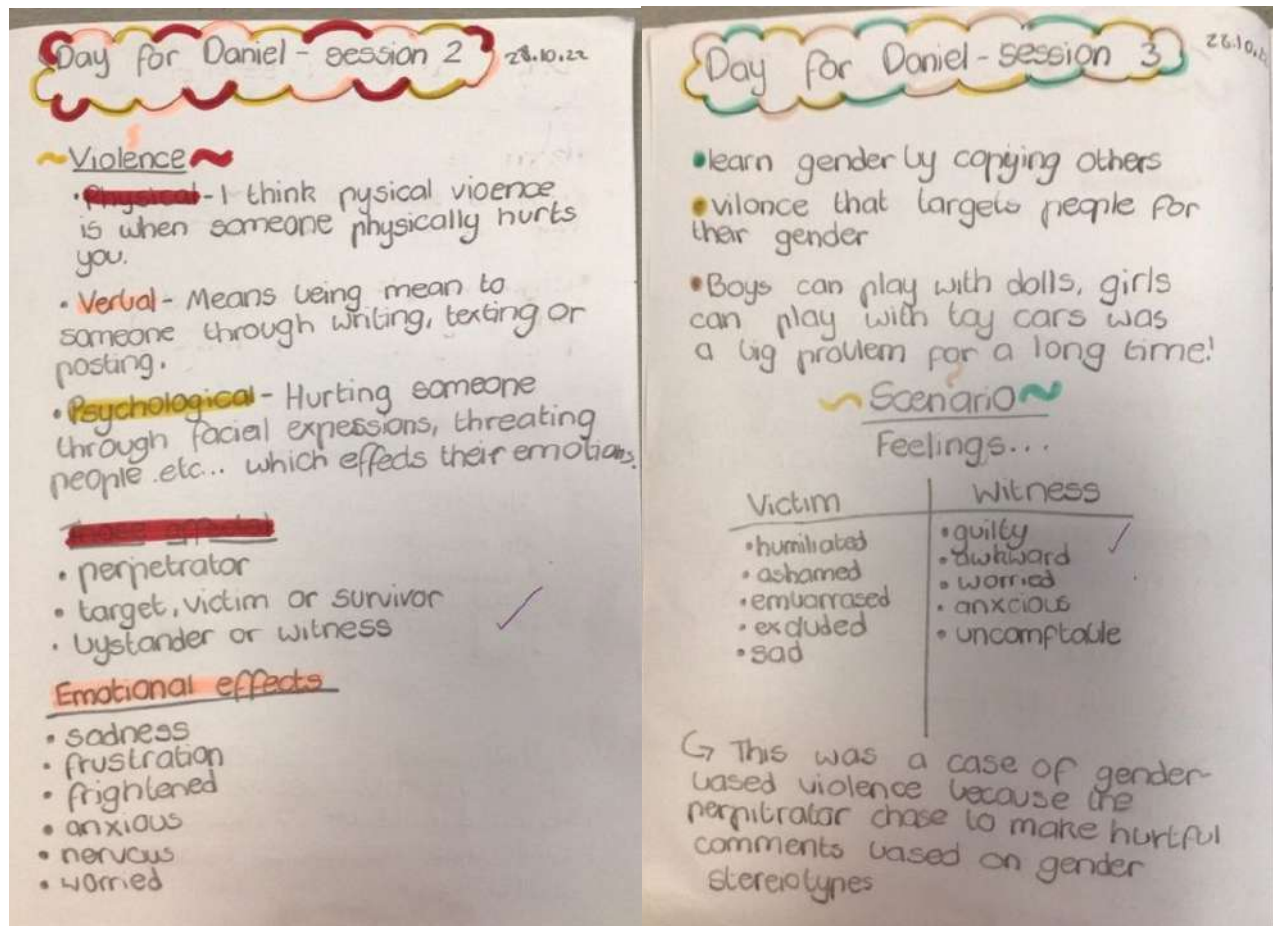
On Friday 28th of October, St Paul's participated in the registered event 'Day for Daniel'. This day supports our St. Paul's Child Safety Awareness Programs that are based on the Resilience, Rights and Respectful Relationships (RRRR) learning materials. Students worked on a series of lessons delivered by their classroom teachers. Learning activities on this day were based on lessons from Topic 8 of Respectful Relationships: Positive Gender Relations. This topic focuses on building an understanding of the effects of violence and the standards associated with respectful relationships.

Students worked to develop the skills to solve problems, set boundaries, and recognise and respond to situations in which their personal space and safety might be compromised. They were given the opportunity to develop peer support and help-seeking skills that can be applied in response to situations. These lessons promote and teach students to 'No, Go, Tell' if they find themselves in situations that make them feel unsafe.

In Prep, students discussed how our can give us clues when we are feeling unsafe. They looked at how things like butterflies in their tummies, jelly knees and sweating palms are clues that they may be in an unsafe situation.



In SMA, students learnt about a range of topics throughout the day. These included gender, safety and diversity. They discussed the different types of violence and the effects it has on the perpetrator, victim and witness.



## St Paul's Parent Education Sessions

Our third parent education session focusing on **Navigating Separation** is now available on our school's YouTube page. These sessions have been developed by our school psychologist, Chloe.

You can find the [video here](#).



Please also see links below to our prior sessions if you are interested:

[Anxiety and School Refusal](#)

[Fostering Confidence and Resilience in Children](#)

# St Paul's Staff in the Spotlight



## ***Michelle Favero - Grade 2 Teacher & Library Teacher***

Michelle has been at St Paul's for 6 years but has been teaching for over 28 at which she has taught every grade level.

She began working here at St Paul's with groups in Extension Maths and Literacy and continued taking specialised groups for several years after that. She has taught Middles for the past 2 years and is now enjoying teaching the Junior students as well as taking several Library classes. Michelle loves being a jack of all trades within the school and enjoys getting to know as many of the students as possible in her roles.

Michelle is married to Oscar and has 2 boys; Lucas who is in Year 7 and Alexander who is in Year 4.

### **Three Facts about Michelle:**

1. Loves riding the Calypso (Lazy) River at Wet and Wild, QLD and going on holidays.
2. Has 2 pet bunnies named Pepper and Rumbles.
3. Enjoys baking.



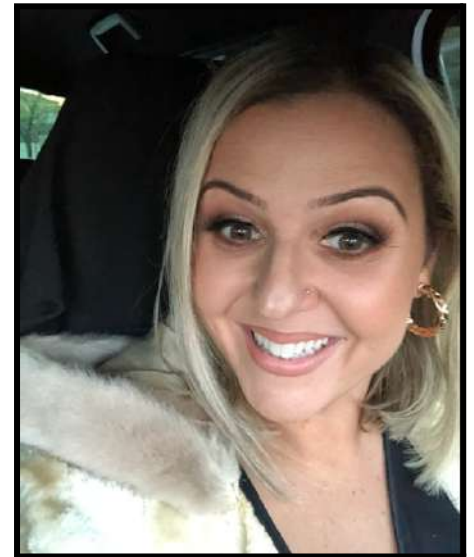
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## ***Annamaria Schembri: Grade 5/6 Teacher***

Annamaria is a classroom teacher and has worked at St. Paul's for the past 12 years. She has taught many students across all of the year levels, from Prep to Year 6 during this time. Annamaria currently works part time with Mr Fox in Seniors as she has returned from maternity leave at the beginning of the year. She is a mum of 3 children, Isaiah who is 6, Tommy 3 and Sophia 2, so she is very, very busy at home. Annamaria enjoys spending quality time with her family and friends.

### **Three Facts about Annamaria:**

1. Having a Greek background with various traditions means that Annamaria is named after both of her grandmothers- Anna and Maria.
2. She has a fur baby, a dog named Oli. He is a Moodle (Maltese Terrier x Poodle)
3. She and her husband are adrenaline seekers- they enjoy sky diving, jumping off buildings and other crazy sports.



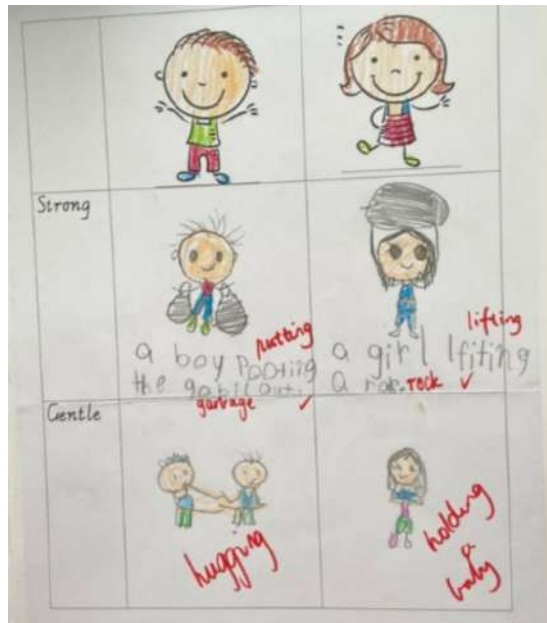


# Respectful Relationships Topic 7

**The Resilience, Rights and Respectful Relationships (RRRR) learning materials cover eight topics of Social and Emotional Learning across all levels of primary education.**

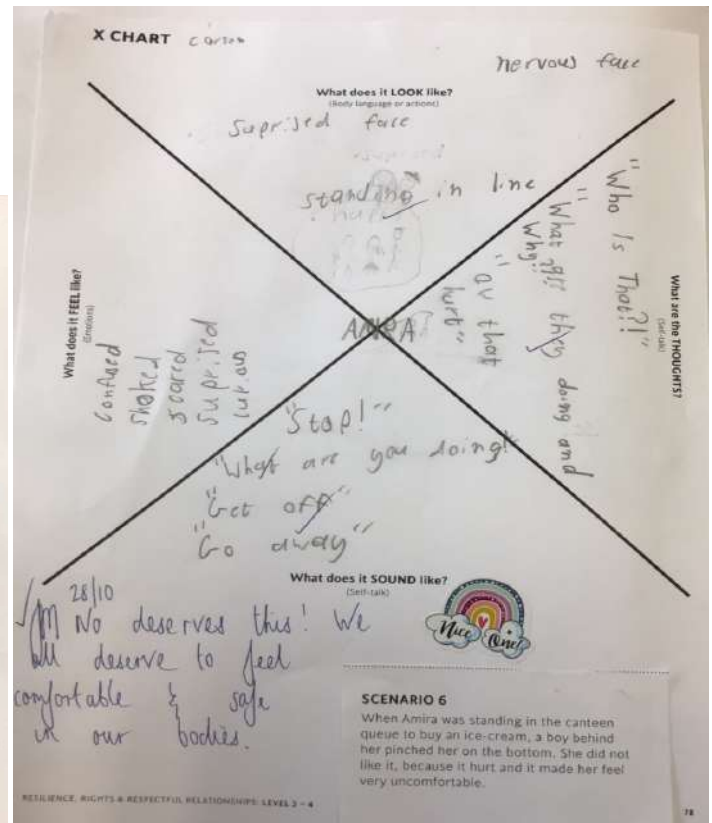
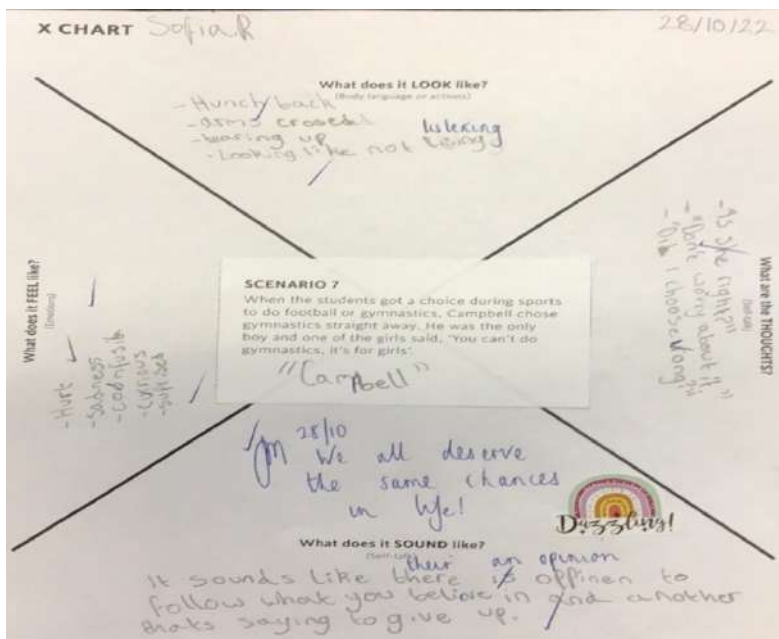
The seventh SEL topic covered this year was 'Gender and Identity'. Learning activities within this topic assist students to challenge stereotypes and critique the influence of gender norms on attitudes and behaviour. They learn about key issues relating to human rights and what respectful, gender-inclusive behaviours look like in action. The activities promote respect for diversity and difference.

In PLH, students have been learning to identify their abilities and strengths. They spoke about how both girls and boys can show strong and gentle actions. They did a great job as you can see!



In SVJ, students have been learning about gender-based violence and what it might feel, look and sound like. They looked at different scenarios and discussed:

- What emotions the person might feel
- What their body language might look like
- What their self-talk might sound like
- What they might say to others



Amazing work SVJ!



## ***Congratulations to JTC!***

The October trophy for the core value of Diversity was awarded to JTC.

The specialist teachers have awarded this trophy because:

- They have been respectful and accepting of each other's strengths and differences.
- They always work well as a team.

Congratulations JTC on being a shining example to our St Paul's community!



**Have you missed a Wellbeing and Community Newsletter? Find our previous issues at the links below:**

### English Versions

[Wellbeing and Community Newsletter Issue 1 2022](#)  
[Wellbeing and Community Newsletter Issue 2 2022](#)  
[Wellbeing and Community Newsletter Issue 3 2022](#)  
[Wellbeing and Community Newsletter Issue 4 2022](#)  
[Wellbeing and Community Newsletter Issue 5 2022](#)  
[Wellbeing and Community Newsletter Issue 6 2022](#)  
[Wellbeing and Community Newsletter Issue 7 2022](#)

### Vietnamese Versions

[Wellbeing and Community Newsletter Issue 1 2022](#)  
[Wellbeing and Community Newsletter Issue 2 2022](#)  
[Wellbeing and Community Newsletter Issue 3 2022](#)  
[Wellbeing and Community Newsletter Issue 4 2022](#)  
[Wellbeing and Community Newsletter Issue 5 2022](#)  
[Wellbeing and Community Newsletter Issue 6 2022](#)  
[Wellbeing and Community Newsletter Issue 7 2022](#)

### **Core Wellbeing Staff at St Paul's - 2022**

Cathy Doran: Deputy Principal  
Nicole Azarnikow: Student Wellbeing Leader (Mon-Wed)  
Rebeca Lopez: Mental Health and Wellbeing Coordinator  
Lisa Peplow: Child Safety Officer  
Kara Hande: Learning Diversity Leader  
Mareta Parsons: Family Engagement Leader /  
Learning Diversity Leader (Mon-Wed)

If you would like any further information about the content presented in this newsletter or have any suggestions regarding topics to cover in our next issue, please feel free to contact us.

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or Nicole Azarnikow  
[nazarnikow@spsunshinewest.catholic.edu.au](mailto:nazarnikow@spsunshinewest.catholic.edu.au)

St Paul's would like to acknowledge the Wurundjeri people, the Traditional Custodians of the land. Who have, since the Dreamtime, walked on and cared for the lands upon which our school stands. We acknowledge the continued deep spiritual attachment and relationship of Aboriginal and Torres Strait Islander peoples to Country and pay our respect to elders, past and present, as we commit ourselves to the ongoing journey of reconciliation.

