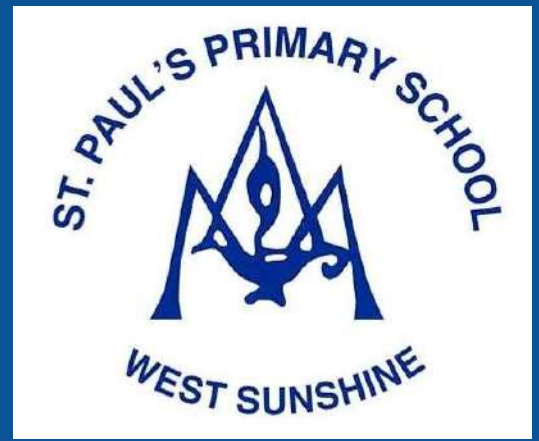


St Paul's Primary School Wellbeing & Community Newsletter

Issue 7, 2022



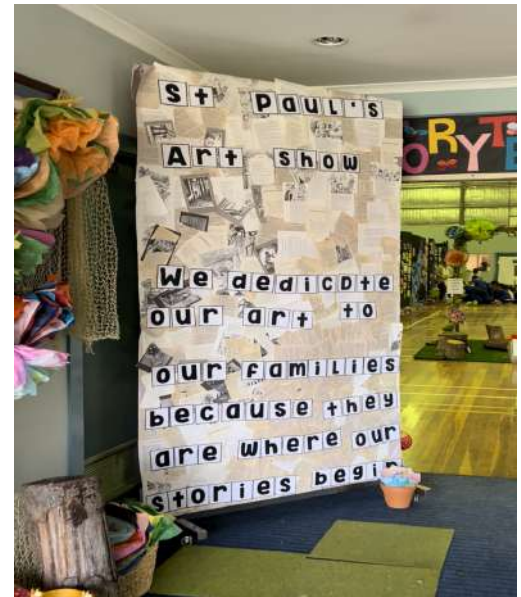
Thursday | October 6, 2022

ST PAUL'S ART SHOW

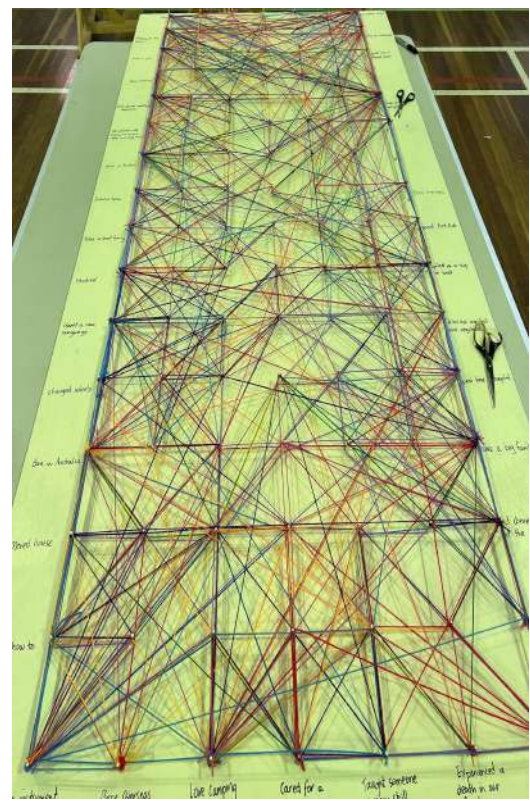
The theme of this year's Art Show was storytelling, as you would no doubt have noticed when you entered the foyer of the Gym.

We decided to dedicate our Art to our community; our families, our friends, our church and our cultural groups, because this is where each of us begins our own story, with those that came before. Our stories continue to be told, chapter by chapter, with each new experience, new adventure, new skill learned, new person met...

As the famous film director Cecil B Demille once pointed out, 'The greatest art in the world is the art of storytelling', and so we see stories being brought to life through visual art while each piece itself tells its own story and perhaps that of the artist!



In keeping with these themes of storytelling, we, as a school community, were able to come together and create a group piece of art that depicts some of the events that take place in our families and I'm sure you'll agree, we have made an eye-catching representation of how our journeys can be similar AND different but together still make something really striking and beautiful! I think this is a truly fitting celebration of us here at St Paul's, don't you?



I really hope you were able to appreciate the many stories represented in the wonderful Art on display and marvel at the creativity, skill and enthusiasm our children were able to showcase. What a wonderful celebration of talent -it was and a privilege to share it with the many families who attended. I'm sure you were as proud of your artists as we were!

Ms Michele Micallef
On behalf of the Arts Team

St Paul's Staff in the Spotlight



Janelle Micallef: Year One Teacher / JMA Co-ordinator

Janelle has been working at St Paul's for 12 years. She completed a bachelor of communications majoring in Public Relations before completing a Masters of Primary teaching. She has taught middles, JMA, prep and most recently grade One. She has a special interest in Literacy and has recently headed back to university and completed a postgraduate certificate in Teaching English as a Second Language.

Three Facts about Janelle:

1. She LOVES to travel and her favourite travel partner is Miss Melissa. This is a picture of them in Dubai.
2. Hanging out with her nieces is one of her most favourite things to do!
3. She loves being by the beach.



Melissa Dvorscak: Prep Teacher / Prep Co-ordinator

Melissa has been working at St Paul's Primary School for 10 years. One of those years she completed her final round of placement as a student teacher with her mentor teacher Mrs Louise. She eagerly accepted the job as a middles teacher and taught in that level for 5 years. Melissa then changed levels and taught juniors for 3 years. She currently is a first time prep teacher and absolutely loves it! Melissa is happy to say that teaching prep has been her favourite year level. This is because she has been amazed by the wonderful learning growth that these little superstars are capable of achieving. Melissa's passion for teaching began when she was very young-she would always pretend to play teachers with her younger cousins by reading, counting and drawing with them. Melissa enjoys teaching and would say that it is the most rewarding profession!

Three facts about Melissa:

1. Barracks for the Western Bulldogs (Go the Doggies!)
2. Loves to run outdoors in nature.
3. Enjoys travelling and going to the beach with her favourite travel buddy Miss Micallef.

Here is a picture of them enjoying Malta together.



Josh Turner: ICT Teacher & Co-ordinator

Josh has been a teacher for 15 years and has been at St Paul's for 6. He started teaching in Tasmania and had a brief stint teaching in London, before moving to Melbourne 10 years ago. Josh enjoys using technology and teaching ICT. He has a passion for coding and loves teaching coding using the Scratch program on the computers. Josh enjoys his role as a specialist ICT teacher and working with all the levels and students at St Paul's.

Three Facts about Josh

1. Has a 3 year-old daughter, Elsie
2. Loves footy and is a tragic Hawthorn supporter
3. Loves to travel and his favourite destination so far is Egypt



Online safety for every family

*eSafety October Webinar: Digital technologies and mental health-
Suitable for parents and carers of young people aged 10 to 18 years old.*

eSafety parent and carer guide to digital technologies and mental health

Learn how games, apps, social media and time online can influence young people's mental wellbeing.

Join eSafety's expert education and training team for a free live webinar designed for parents and carers of young people aged 10 to 18.

October	AEDT
Wed 12	7:30 to 8:30pm
Mon 17	12:30 to 1:30pm
Thurs 27	12:30 to 1:30pm

Register now: esafety.gov.au/parents/webinars



Free webinar

esafety.gov.au

Register here: <https://register.gotowebinar.com/rt/9223357062192996109>



eSafetyKids conversation starters

These question cards are designed to be used in a family or education setting to start everyday conversations about online safety. The cards cover topics such as identifying online risks, using technology safely and reporting unsafe behaviour. Use them together with the information at [eSafety kids](https://esafety.gov.au/kids), and empower kids to take control of their online experiences.



[Conversation starters - Kids](#)



[Conversation starters - Young People](#)

Respectful Relationships Topic 6

The Resilience, Rights and Respectful Relationships (RRRR) learning materials cover eight topics of Social and Emotional Learning across all levels of primary education.

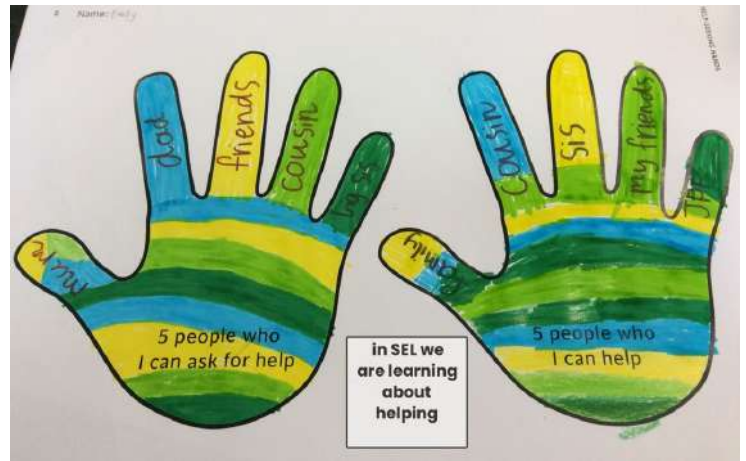
The sixth SEL topic covered at the end of Term 3 was 'Help-Seeking'.

Learning activities in this topic area are designed to help students discuss the importance of seeking help and providing peer support when dealing with problems that are too big to solve alone. This helps to normalise and destigmatise help-seeking behaviour. Scenario-based activities help students identify situations in which help should be sought, identify trusted sources of help, and practice seeking help from peers and adults.

In JPF, students named the people in their lives from whom they can seek help. They also named the people in their lives who they help sometimes.



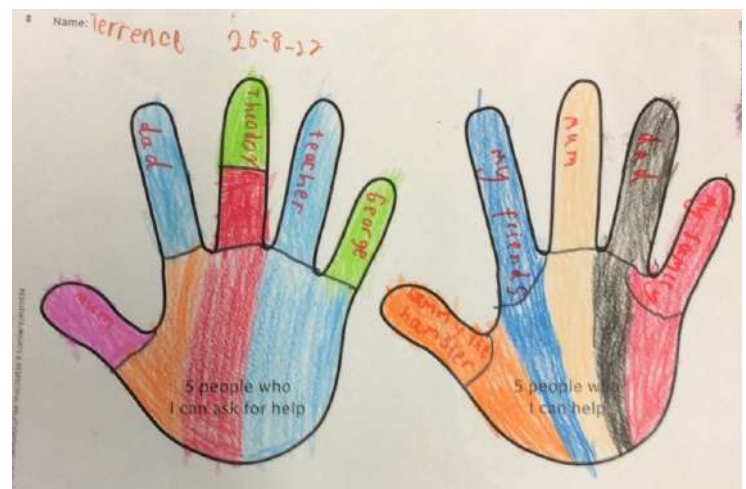
Jonathan



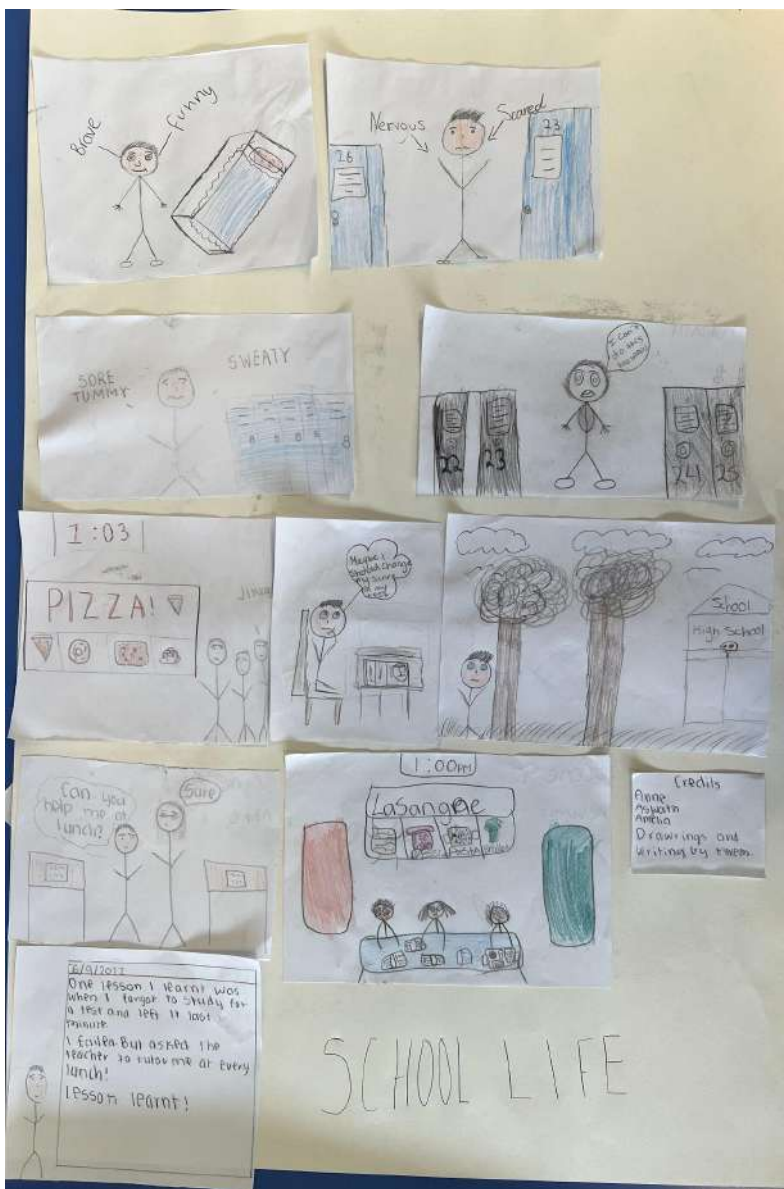
Emily



Keira



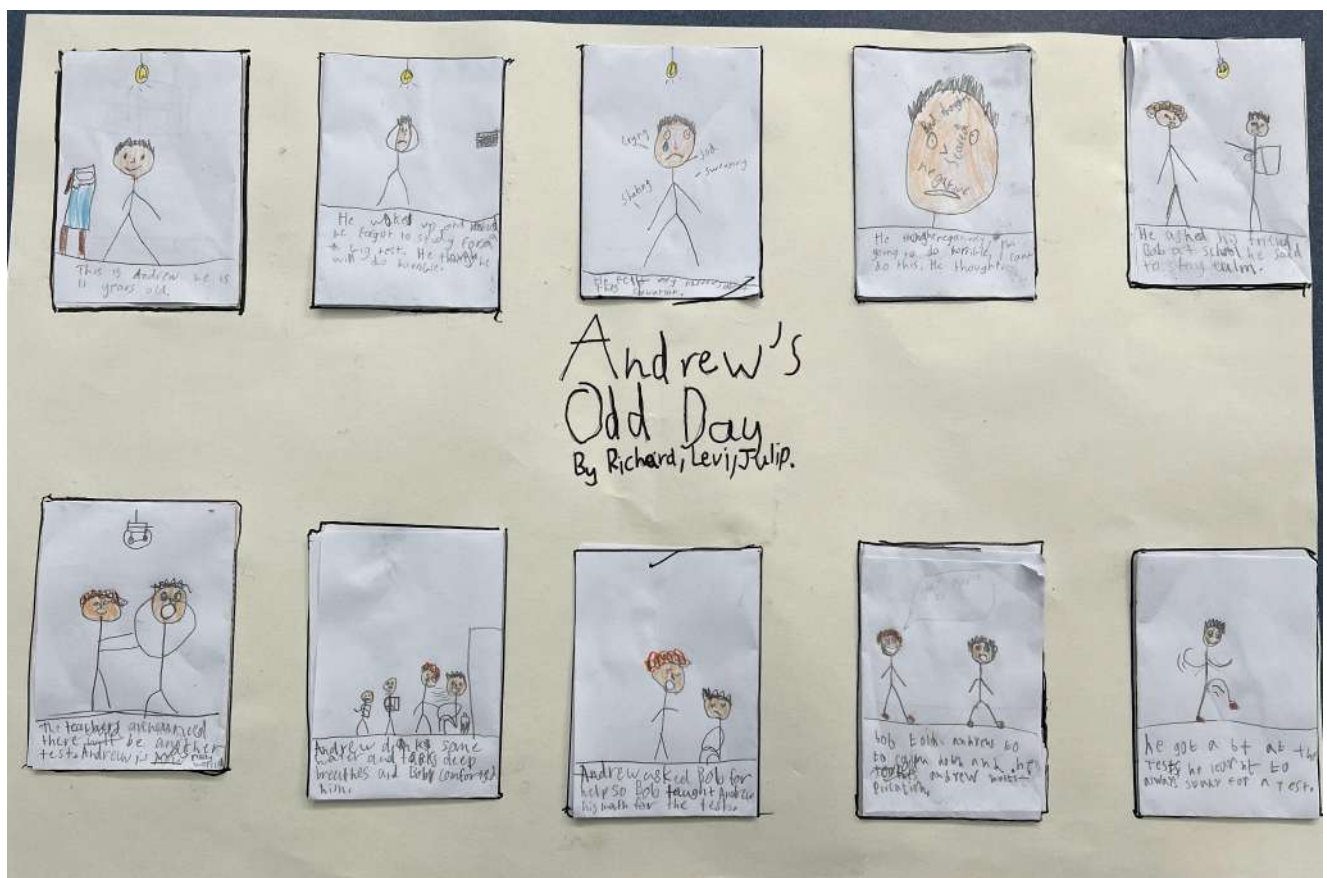
Terrence



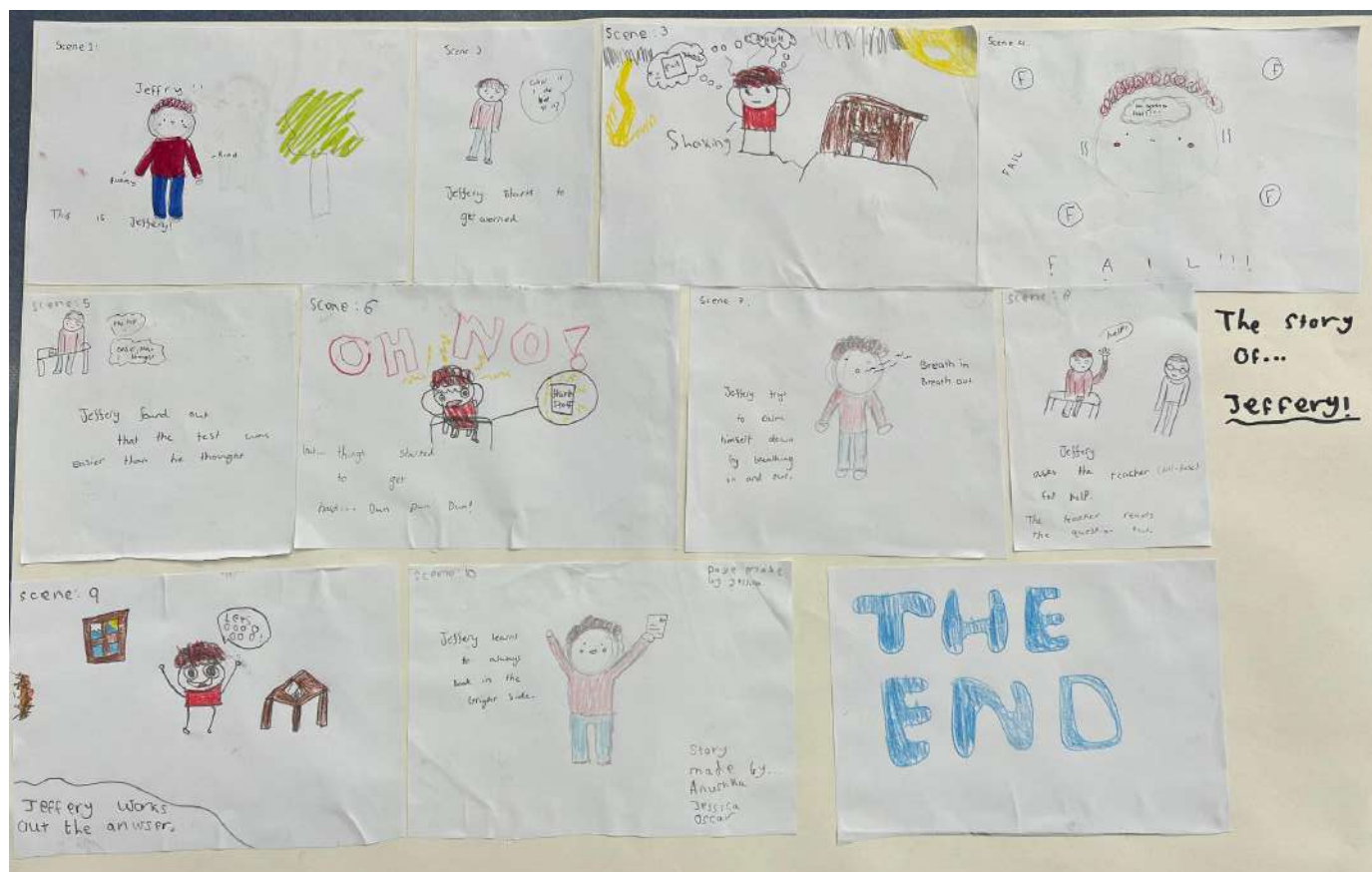
In SCF, students learnt about help seeking strategies and self-talk. They collaborated in groups to create storyboards demonstrating their knowledge of these two areas. They then presented their storyboard and explained their understanding to the class.

Zoom in to read!

Story by Anne, Aswath and Amelia.



Story by Richard, Levi and Julio.



Story by Anushka, Jessica and Oscar

UPCOMING Respectful Relationships Topic:

TOPIC 7- GENDER AND IDENTITY

Learning activities within this topic assist students to challenge stereotypes and critique the influence of gender norms on attitudes and behaviour. They learn about key issues relating to human rights and what respectful, gender-inclusive behaviours look like in action. The activities promote respect for diversity and difference.

Have you missed a Wellbeing and Community Newsletter? Find our previous issues at the links below:

English Versions

[Wellbeing and Community Newsletter Issue 1 2022](#)
[Wellbeing and Community Newsletter Issue 2 2022](#)
[Wellbeing and Community Newsletter Issue 3 2022](#)
[Wellbeing and Community Newsletter Issue 4 2022](#)
[Wellbeing and Community Newsletter Issue 5 2022](#)
[Wellbeing and Community Newsletter Issue 6 2022](#)

Vietnamese Versions

[Wellbeing and Community Newsletter Issue 1 2022](#)
[Wellbeing and Community Newsletter Issue 2 2022](#)
[Wellbeing and Community Newsletter Issue 3 2022](#)
[Wellbeing and Community Newsletter Issue 4 2022](#)
[Wellbeing and Community Newsletter Issue 5 2022](#)
[Wellbeing and Community Newsletter Issue 6 2022](#)

Core Wellbeing Staff at St Paul's - 2022

Cathy Doran: Deputy Principal
 Nicole Azarnikow: Student Wellbeing Leader (Mon-Wed)
 Rebeca Lopez: Mental Health and Wellbeing Coordinator
 Lisa Peplow: Child Safety Officer
 Kara Hande: Learning Diversity Leader
 Mareta Parsons: Family Engagement Leader /
 Learning Diversity Leader (Mon-Wed)

If you would like any further information about the content presented in this newsletter or have any suggestions regarding topics to cover in our next issue, please feel free to contact us.

Rebeca Lopez
rlopez@spsunshinewest.catholic.edu.au
 or Nicole Azarnikow
nazarnikow@spsunshinewest.catholic.edu.au

St Paul's would like to acknowledge the Wurundjeri people, the Traditional Custodians of the land. Who have, since the Dreamtime, walked on and cared for the lands upon which our school stands. We acknowledge the continued deep spiritual attachment and relationship of Aboriginal and Torres Strait Islander peoples to Country and pay our respect to elders, past and present, as we commit ourselves to the ongoing journey of reconciliation.

