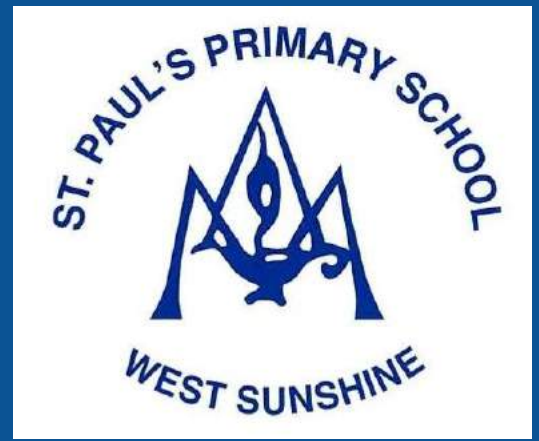


# St Paul's Primary School Wellbeing & Community Newsletter

Issue 5, 2022



Wednesday| 3rd August, 2022

## St Paul's Mental Health and Wellbeing Hub

In Term 2, we launched our school Mental Health and Wellbeing Hub. We were pleased to welcome families in to browse the space during Learning Conversations at the end of the term. Many families commented on how welcome and calm the space helped them feel.

This term, students will continue to have access to the Hub to help support their Social Emotional Learning. We will continue to use the space:

- to facilitate small SEL groups
- as a calm space for students to use at recess/lunch times when needed
- as an office space for the Student Wellbeing Leader (Nicole Azarnikow) and Mental Health and Wellbeing Coordinator (Bec Lopez).



# New Victorian Child Safety Standards

There are new Child Safe Standards in Victoria, to better protect children from harm and abuse. The new Child Safe Standards are now in effect (they came into force in Victoria on 1 July 2022) and the old Standards no longer apply.

Victoria's Child Safe Standards are mandatory for most organisations, businesses or groups who work or volunteer with children.

## The new 11 Child Safe Standards are...

### Standard 1

Organisations establish a culturally safe environment in which the diverse and unique identities and experiences of Aboriginal children and young people are respected and valued.

### Standard 2

Child safety and wellbeing is embedded in organisational leadership, governance and culture.

### Standard 3

Children and young people are empowered about their rights, participate in decisions affecting them and are taken seriously.

### Standard 4

Families and communities are informed and involved in promoting child safety and wellbeing.

### Standard 5

Equity is upheld and diverse needs respected in policy and practice.

### Standard 6

People working with children and young people are suitable and supported to reflect child safety and wellbeing values in practice.

### Standard 7

Processes for complaints and concerns are child-focused.

### Standard 8

Staff and volunteers are equipped with the knowledge, skills and awareness to keep children and young people safe through ongoing education and training.

### Standard 9

Physical and online environments promote safety and wellbeing while minimising the opportunity for children and young people to be harmed.

### Standard 10

Implementation of the Child Safe Standards is regularly reviewed and improved.

### Standard 11

Policies and procedures document how the organisation is safe for children and young people.

\*\*\* For more information about the Victorian Child Safe Standards please contact our school Child Safety Officer **Lisa Peplow** ([lpeplow@spsunshinewest.catholic.edu.au](mailto:lpeplow@spsunshinewest.catholic.edu.au)) or visit The Commission for Children and Young People website <https://ccyp.vic.gov.au>



COMMISSION FOR CHILDREN  
AND YOUNG PEOPLE



REMINDER - The eSafety Commissioner website has some fantastic downloadable resources to help you start the chat about online safety issues and strategies with your child.

RECOMMENDATION - Click on the image below to watch the eSafety Commissioner video: “Digital technology and mental health” or visit

<https://vimeo.com/698017930>



## ***Congratulations to MSG!***

MSG were awarded the June Core Value Award trophy for displaying the Diversity value in their specialist classes.

MSG demonstrated the ability to work well together while recognising each other's different abilities and learning styles. They were considerate of other students and eager to help each other when needed.

Congratulations to Mrs Garcia and the students in MSG for demonstrating this Core Value, we're very proud !





# Respectful Relationships Topic 4

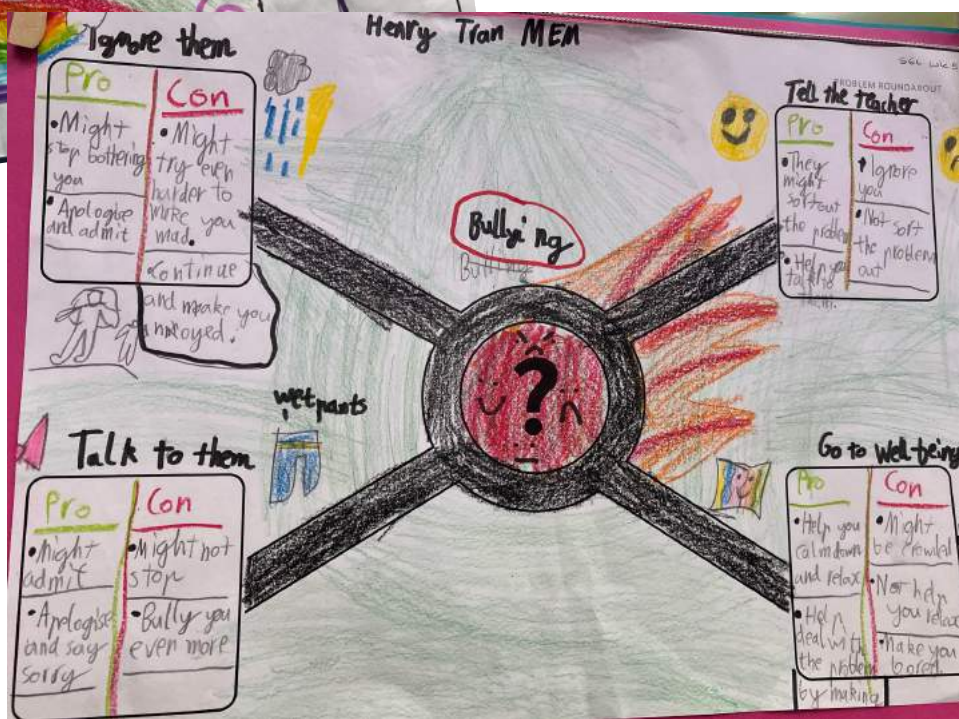
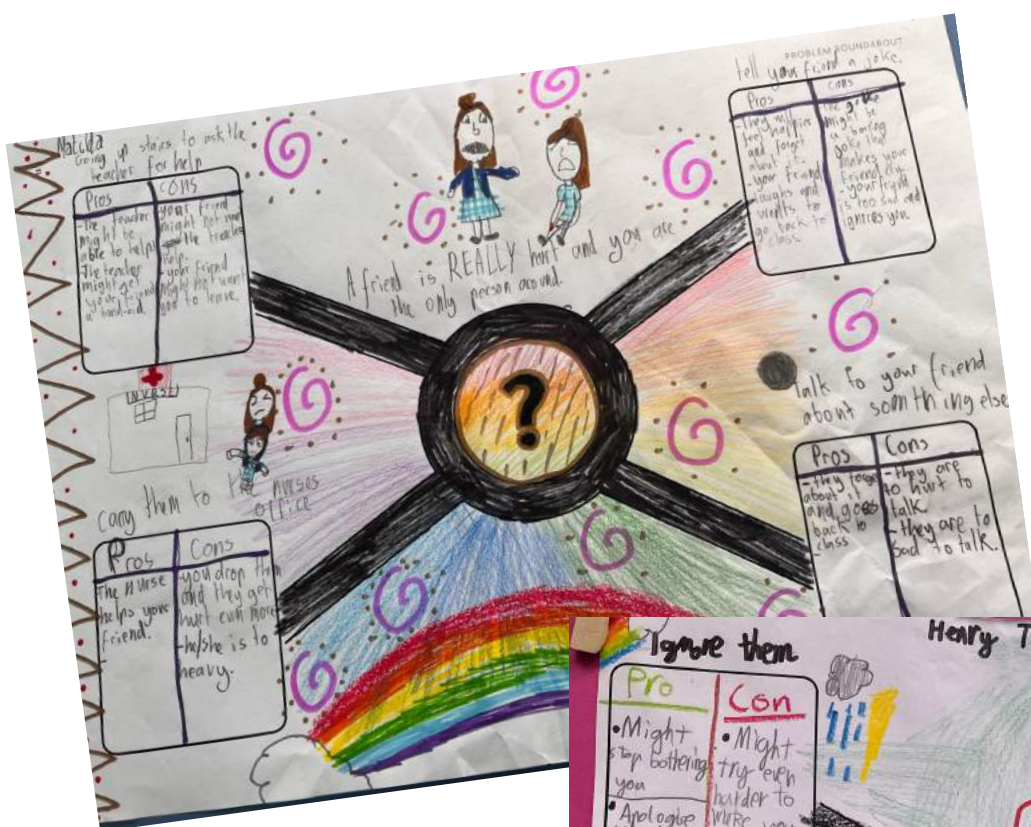
**The Resilience, Rights and Relationships (RRRR) learning materials cover eight topics of Social and Emotional Learning across all levels of primary education.**

The fourth topic covered in SEL this year was Problem Solving.

It is important to help students learn a range of problem-solving skills through applied learning tasks so they are able to cope with the challenges they will face in the future. Problem solving is identified by the World Health Organisation as a key skill for health. To be able to solve problems, children need to be able to think critically and evaluate the consequences of various actions.

Problem-solving skills are an important part of the coping repertoire. The classroom program provides a number of learning activities to develop students' problem-solving skills. The activities in the program assist students to develop their critical and creative thinking skills, and to apply them to scenarios exploring personal, social and ethical dilemmas.

Here are some examples of students' Problem Solving work from MEM, they have been using the roads and roundabouts problem-solving model for different scenarios:



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# St Paul's Staff in the Spotlight

## *Trish Morris: Office Administration*



Trish has been working in the St. Paul's School Office for 10 years. Her passion has always been working in Office Administration. Her previous roles include working at Monash University, the Australian Embassy in Buenos Aires, Argentina and as a Receptionist at a Private Medical Clinic.

Working in the School Office, Trish strives to make all students, parents and visitors to St Paul's feel welcomed and respected. She loves to interact and look after the students that come to the School Office throughout the day and make them feel happy and well.

Three Facts about Trish:

1. She has 2 amazing sons that she is very proud of.
2. She also has an energetic and loving chocolate Toy Poodle named Dante.
3. She loves to dance!!!



## *Michele Micallef: Library Teacher & Choir Leader*

Michele has been a teacher for over 30 years and spent about 10 of those years teaching at Marian College. She started helping out at St Pauls when her son was enrolled and over the next few years filled in when teachers went on leave. She became an official staff member @ St Pauls in 2002, even sharing a senior class with none other than Ms Lynette, before moving into the Library role in 2007. She is passionate about books AND teaching in the community she lives in so make sure to say 'Hi' when you bump into her at Coles!

Three Facts about Michele:

1. She is a past St Paul's student
  2. Loves building flat pack furniture!
  3. Is very excited about becoming a grandmother for the first time!
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## **Jane Manton:** **Grade 5/6 Teacher & Literacy Support**



Jane has been working at St Paul's for 11 years and has been a teacher for 21 years. She spent 5 years teaching in Dublin, Ireland before she joined the St Paul's community. Whilst at St Paul's Jane has taught all year levels, but has spent most of her time teaching the SMA students. Jane has also had three boys, Lucas, Sam and Paddy whilst she has been at St Paul's.



Currently, Jane is working 3 days in SVJ, alongside Mrs Boulton in semester one and then Mrs Clarke in semester two. On her other days, Jane works with the MMA students as a Literacy Intervention Teacher, helping students to improve and become more confident readers and writers.

Three facts about Jane:

1. Can Irish dance
2. Loves chocolate (too much)
3. Enjoys reading every day!



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***Have you missed a Wellbeing and Community Newsletter?***  
***Find our previous issues at the links below:***

[Wellbeing and Community Newsletter Issue 1 2022 \[Eng\]](#)  
[Wellbeing and Community Newsletter Issue 2 2022 \[Eng\]](#)  
[Wellbeing and Community Newsletter Issue 3 2022 \[Eng\]](#)  
[Wellbeing and Community Newsletter Issue 4 2022\[Eng\]](#)

[Wellbeing and Community Newsletter Issue 1 2022 \[Viet\]](#)  
[Wellbeing and Community Newsletter Issue 2 2022 \[Viet\]](#)  
[Wellbeing and Community Newsletter Issue 3 2022 \[Viet\]](#)  
[Wellbeing and Community Newsletter Issue 4 2022 \[Viet\]](#)

### **Core Wellbeing Staff at St Paul's - 2022**

Cathy Doran: Deputy Principal  
Nicole Azarnikow: Student Wellbeing Leader (Mon-Wed)  
Rebeca Lopez: Mental Health and Wellbeing Coordinator  
Lisa Peplow: Child Safety Officer  
Kara Hande: Learning Diversity Leader  
Mareta Parsons: Family Engagement Leader /  
Learning Diversity Leader (Mon-Wed)

If you would like any further information about the content presented in this newsletter or have any suggestions regarding topics to cover in our next issue, please feel free to contact us.

Rebeca Lopez  
[rlopez@spsunshinewest.catholic.edu.au](mailto:rlopez@spsunshinewest.catholic.edu.au)  
or Nicole Azarnikow  
[nazarnikow@spsunshinewest.catholic.edu.au](mailto:nazarnikow@spsunshinewest.catholic.edu.au)

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**St Paul's would like to acknowledge the Wurundjeri people, the Traditional Custodians of the land.**

**Who have, since the Dreamtime, walked on and cared for the lands upon which our school stands.**

**We acknowledge the continued deep spiritual attachment and relationship of Aboriginal and Torres Strait Islander peoples to Country and pay our respect to elders, past and present, as we commit ourselves to the ongoing journey of reconciliation.**