

TERM 4

WEEK 1: Monday 5th October, 2020

DATES TO REMEMBER

Thursday 8th October:	Professional Practice Day – no work corrected/commented on by staff
Friday 9th October:	School Closure Day – no school for students – staff preparing for return of students
Friday 9th October:	Applications close for 2022 Year 7 students in Catholic Secondary Colleges – our current Year 5 Students
Monday 12th October:	All Students return to school – Welcome Back Everyone!!!
Friday 23rd October:	School Closed – Public Holiday – AFL Grand Final
Monday 2nd November:	School Closed – Cup Eve – Report Writing Day
Tuesday 3rd November:	School Closed – Cup Day

Dear Families,

I was very excited to hear the news last Sunday that all students from Prep – 6 would return to school from Monday 12th October. We made the decision to have all children commence on the Monday rather than staggering class returns during the week. There were two main reasons for this. We felt that it was important to cause as little disruption to families as was possible. We also thought it was important for the children to start school as soon as possible to assist them to settle in quickly. There are still many unknowns about this term. As soon as we have more information about school events and other information, we will let you know.

At the start of Term III, some families took us up on our offer of devices to use at home. With all students returning to school on Monday 12th October, we kindly ask that families return the devices and chargers they have borrowed. These can be returned to the office from Thursday 8th October between the hours of 9.00am – 1.30pm. More information will follow later this week.

We have received advice that we do not need to temperature test children when they return to school this term. This is due to the current levels of community transmission in Victoria. If this situation is to change, I will inform all families as soon as possible.

Please remember that work will be assigned by teachers this Thursday, 8th October. However they will not be correcting or commenting on this work. The school will be open for those who have been attending during Stage 4 lockdown.

There will be a school closure day this Friday, 9th October to allow teachers to prepare for students returning to school. There will be no supervision of students onsite. There will also be no school for students on Friday 23rd October as this is the Grand Final Public Holiday.

If you have not enrolled your child in Prep for 2021, please do so immediately. Please complete an enrolment form and return it to the office as soon as possible.

At the end of the newsletter, there is a note to be returned to school advising us if your children will not be returning to St. Paul's in 2021. Please return it to school promptly if your children are not returning next year.

Have a great week. We look forward to seeing everyone at school next Monday.

Yours sincerely,

Damian Casamento
PRINCIPAL

YEAR 7, 2022 ENROLMENTS IN CATHOLIC SECONDARY SCHOOLS - CLOSES FRIDAY 9TH OCTOBER

The following dates are very important for **ALL** students who will be attending secondary school in 2022 – our current Year 5 students. If applications for Catholic Secondary School are not in by Friday 9th October, 2020 your child will not be enrolled in your school of choice.



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FREE WEBINAR

CSPV invite you to register for our Connect Webinar for parents with guest presenter Anne T Henderson. The power of parent engagement for student learning and wellbeing

Saturday 10th October 2020 9.30am-10.30am

What is parent engagement? How can you continue to support your children's learning when they return to school?

In conversation with renowned parent engagement expert, Anne T Henderson, we'll focus on parent engagement and the importance of continuing to be engaged in your child's learning once they return to school.

What we will explore:

You now have a huge opportunity to continue to engage in your children's learning, to support them to thrive. Through the expertise of Anne, you will learn how important parent engagement is for children's learning and wellbeing and the extremely valuable role you as their parents have to support and enhance learning at home.

Who is this for?

Parents and carers of Catholic school students will benefit from learning from a parent engagement expert who has researched the impact of parent engagement in learning over the past four decades and proven that when parents are enabled and supported to be engaged, it significantly impacts student learning and wellbeing.

Register at: <https://event.webinarjam.com/channel/CSPVwebinar-2>

Connect Webinar Series hosted by Catholic School Parents Victoria

Rachel Saliba
CSPV Executive Officer - Host

Anne T Henderson
Guest presenter

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ARE YOU LEAVING ST. PAUL'S AT THE END OF 2020?

We have a waiting list for 2021 and need to know if your family is changing schools. *Trường đang có danh sách học sinh chờ cho niên học 2021 nên cần biết gia đình quý vị có chuyển trường cho con quý vị không.*

PLEASE RETURN THIS SLIP TO THE OFFICE IF YOU ARE NOT COMING BACK IN 2021. *Xin vui lòng nộp lại phần giấy này nếu con quý vị không học ở Trường St. Paul trong niên học 2021.*

There is no need for any Grade 6 students to respond to this notice as we know that you will be at secondary school next year. *Học sinh Lớp 6 không cần phải điền vào phần này vì Trường đã biết học sinh sẽ lên học trường trung học vào năm sau.*

Please print

My child(ren) will not be returning to St Paul's School next year. *Con/các con tôi sẽ không học ở Trường St. Paul vào năm sau.*

SCHOOL ATTENDING IN 2021.....

Tên Trường sẽ học vào năm 2021

Child's name _____	Class (this year) _____
<i>Tên học sinh</i>	<i>Tên Lớp (niên học này)</i>
Child's name _____	Class (this year) _____
<i>Tên học sinh</i>	<i>Tên Lớp (niên học này)</i>
Child's name _____	Class (this year) _____
<i>Tên học sinh</i>	<i>Tên Lớp (niên học này)</i>

WELLBEING TIPS

Sleep tips for kids (from Parenting ideas by Michael Grose)

Develop good sleep hygiene habits

- Start a regular bedtime routine at least 45 minutes out from bedtime to help kids get ready for sleep.
- Eat and exercise at the right time. Sleep likes a relaxed body and a calm nervous system, so schedule exercise and active movement before mealtimes.
- Create a sleep sanctuary. Restrict bedrooms to sleep and relaxation quarters and find other places in the house for time out and reflection, school work and active play.
- Keep bedrooms cave-like. A child's bedroom should be cave-like – that is, dark, cool and free from electronic devices. Darkness encourages melatonin, which regulates sleep-wake patterns.
- Get up at a regular time. For optimal sleep, bed and wake up times need to be as regular as possible.

Lifestyle habits that promote sleep

- Teach your child or young person to put away digital devices at least ninety minutes before bed-time
- Minimise weekend sleep-ins and limit them to an hour more than usual, to keep the sleep clock operating on a regular basis
- Encourage your child to go outside every day – take a walk, meet a mate (subject to COVID restrictions) or do an errand
- Keep homework out of bedrooms, or at least out of beds. The brain associates activity with location, so if kids work while on their beds, it will be hard for them to mentally switch off from their schoolwork when the light finally goes out.
- Confine caffeine to mornings. Consuming caffeine in any form close to bedtime is like throwing a wrecking ball through regular sleep patterns. The brain needs to calm down rather than be artificially stimulated if sleep is to occur.

Sleep is a critical component of enhancing a child's wellbeing, learning, development and overall performance. Helping your child to get enough quality sleep will ensure that their brain and body are being used at full capacity.

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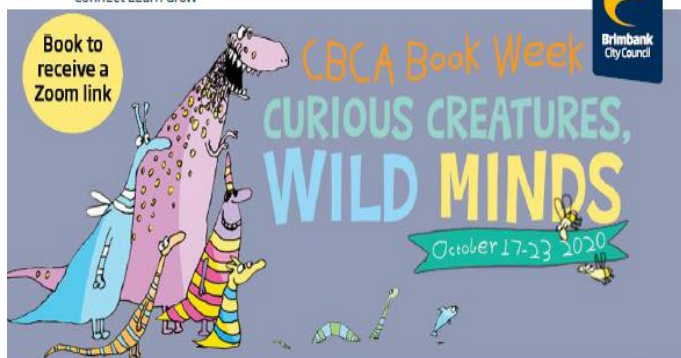


Illustration Workshop with Marc McBride

Take flight into a world of fantasy with award-winning children's illustrator **Marc McBride**. He is the illustrator of many books including *Emily Rodda's* bestselling *Deltora Quest* series, and also *The Glimme*, shortlisted for this year's CBCA Book Awards. Let your imagination go wild and use your ideas to draw a dragon.

Tuesday 20 October, 3.30-4.30pm



Comics Workshop with Renée Tremblé

Want to know how to make a comic? **Renée Tremblé** will show you how in this fun workshop. She is a writer and illustrator of picture books, including the award-winning *Once I Heard a Little Wombat*, and *Wombat Big, Puggie Small*, and creator of graphic novels. Learn how to tell your very own story in pictures.

Thursday 22 October, 3.30-4.30pm



Curious Creatures, Wild Minds Competition

Enter online by submitting a drawing of a curious creature from your wild mind! Or draw a picture of your favourite book character or book cover, or write a mini book review. A book pack of shortlisted Book Week titles to win!

Open to all under 18's. Entries close Sunday 25 October.

Visit our website for more information and bookings:

brimbanklibraries.vic.gov.au

Deer Park 4 Neale Road, Deer Park T 9249 4660
Kailor 7048 Old Calder Highway, Kailor T 9249 4670
St Albans 71A Alfred Street, St Albans T 9249 4650
Sunshine 301 Hampshire Road, Sunshine T 9249 4640
Sydenham 1 Station Street, Taylors Lakes T 9249 4680



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MARIAN COLLEGE –Brigidine Celebration Day, 1 September 2020

As most of us would testify 2020 and specifically the last 5 weeks have been challenging to say the least. As a College that acknowledges and celebrates marker events on our calendar it was looking a little tricky as to how, we here at Marian College, were going to celebrate one of the most important days for us, that being "Brigidine Celebration Day."

With no students on site, the opportunity to celebrate was going to be problematic and as such, a plan was devised not to let the opportunity pass us by. The day was broken into two parts. The first that allowed our community, all students, their families and staff to view a YouTube clip, with the duration of the clip being over 90 minutes long! and the second offered all of our student's wonderful activities which covered all skill areas, with them having an association with Saint Brigid and Marian College.

During the first part of the Day we were blessed with the virtual presence of Bishop Mark Edwards, who was the Bishop of the Western region who led us all in Prayer. Special words of encouragement and hope were delivered by our sister school Principals from all over Australia.

Our students were showcased with Student Leaders conducting introductions, giving historical insights and others displaying their musical talents. We even had our Local Member of Parliament, Ms Katie Hall urge us to continue to live our theme of Justice during these challenging times. Students and staff were also entertained by two renowned entertainers, Fr. Rob Galea and Shane Howard.

On reflection, we were able to do and achieve an historic and memorable Brigidine Celebration Day because it was delivered remotely, however once may be enough for both parents and staff!

